

## ***Staying Connected***

We want to make sure that we remain connected to God and one another during these challenging times.

### ***Here for you...***

If you are feeling isolated or lonely and could do with someone to talk to or pray with you, please do get in touch.

Also if you aren't able to get out and you need some practical support, please let us know. We have a group of lovely people who would be more than happy to lend a hand in whatever way we can - maybe collecting things like prescriptions & shopping for you.

### ***Here for others...***

We all know how hard it's been to get what we need but those who are reliant on the Foodbanks will be hit particularly hard when stocks run low. If you are able, why not try and grab something for the Foodbank when you get your shopping? See church opening times to drop off.

**Contact: Reverend Christine Brooks**

**Tel. 012025781135**

**Email: [revcbrooks@stphilipswesthowe.co.uk](mailto:revcbrooks@stphilipswesthowe.co.uk)**



**Follow us on Facebook:  
St. Philips Church, West Howe**

## ***Psalm 121***

I lift up my eyes to the mountains -  
where does my help come from?  
My help comes from the Lord,  
the Maker of heaven and earth.  
He will not let your foot slip -  
he who watches over you will not  
slumber;  
indeed, he who watches over Israel  
will neither slumber nor sleep.  
The Lord watches over you -  
the Lord is your shade at your right  
hand;  
the sun will not harm you by day,  
nor the moon by night.  
The Lord will keep you from all harm -  
he will watch over your life;  
the Lord will watch over your coming  
and going  
both now and forevermore.



## ***Praying Together Whilst Apart***

Although we are not able to meet together in the same space, we can still be joined together in prayer.

Join us by praying from your home at any of these times

**Monday @ 9.00am**

Morning Prayer

**Wednesday @ 7.30pm**

Night Prayer - (Also streamed via Facebook)

**Sundays @ 10.15**

Morning worship or Prayer & Reflection streamed via Facebook

**Everyday @ noon**

Praying the Lord's Prayer

If you have anything that you would value prayer for please do let us know. We sometimes pray for people by name (first names only), if you would rather we didn't when we are streaming the prayers, please let us know with your prayer request.

Tel.01202 581135

Email: [revcbrooks@stphilipswesthowe.co.uk](mailto:revcbrooks@stphilipswesthowe.co.uk)

Text: 07873 440041

***A Prayer for those affected by  
Corona virus:***

God of healing and hope,  
in Jesus you meet us in our places  
of pain and fear.  
Look with mercy on those who have  
contracted the new virus,  
on any who are vulnerable,  
and on all who feel in danger.  
Through this time of global concern,  
by your Holy Spirit bring out the best  
not the worst in us.  
Make us more aware of our  
interdependence on each other,  
and of the strength that comes  
from being one body in you.  
Through Christ our wounded healer.  
Amen.  
(Rev'd Dr Sam Wells)

***Prayer for Hospital Staff  
& Medical Researchers***

Gracious God,  
give skill, sympathy and resilience  
to all who are caring for the sick,  
and your wisdom to those searching  
for a cure.  
Strengthen them with your Spirit,  
that through their work many will be  
restored to health;  
through Jesus Christ our Lord.  
**Amen.**

***Keep in touch  
You are not alone!***

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St. Philip's Church, West Howe



TRULY MY SOUL FINDS REST IN GOD; MY  
SALVATION COMES FROM HIM. TRULY HE  
IS MY ROCK AND MY SALVATION; HE IS MY  
FORTRESS, I WILL NEVER BE SHAKEN. PSALM  
62: 1-2